



**BHUTAN SPIRIT**

SANCTUARY





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# PARO TSHECHU FESTIVAL

**9 days / 8 nights all-inclusive**

**28 March to 5 April 2026**



*Considerate Collection*



# PARO TSHECHU FESTIVAL

**9 days / 8 nights all-inclusive**

- 🦉 Experience the ancient and mysterious **CULTURE** and **SPIRITUALITY** of the Himalayan Kingdom of Bhutan by attending the annual Paro Tshechu (Festival).
- 🦉 Benefit from the all-inclusive **WELLNESS** services and facilities at the Sanctuary. Your wellness journey starts with a complimentary consultation by a Traditional Bhutanese Medicine Doctor.
- 🦉 Feel the overwhelming power of **NATURE** in Bhutan, where 60% of the country is covered by forest.
- 🦉 Enjoy our outstanding, delicious, and healthy **FOOD** concept, prepared according to the farm-to-table concept, enjoyable at any time and at any place.



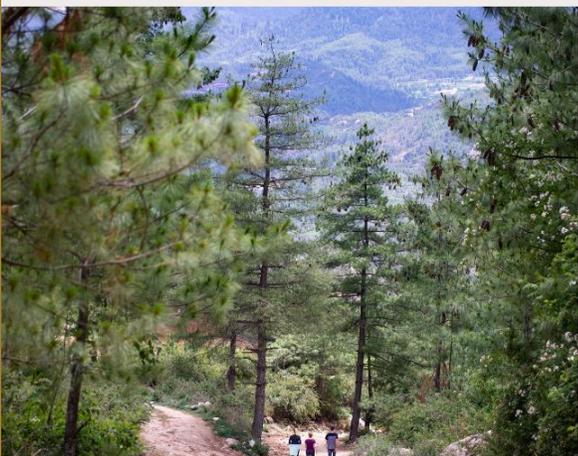
ALL-INCLUSIVE  
WELLNESS



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ALL-INCLUSIVE  
ACTIVITIES



  
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ALL-INCLUSIVE  
CULINARY  
SURPRISES



  
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# WELCOME

## **DAY 1, SATURDAY 28 MARCH 2026**

- Arrival at the international airport in Paro.
- Our Guest Experience team will welcome you at the airport.
- The Sanctuary is only a 15-minute ride from the airport.
- Upon arrival, you are invited to participate in a special Buddhist transformation ritual.
- Our Guest Experience team will accompany you to your room and will make sure all is in order.
- A 4-course Chef's Special set lunch will be served in the restaurant.
- In the afternoon, we invite you for a complimentary consultation with one of our in-house Traditional Bhutanese Medicine Doctors. After the consultation, you can enjoy your first wellness treatment.
- The rest of the afternoon is for relaxation.
- The 6-course Chef's Special set dinner will be served on the restaurant terrace if the weather permits.



# DAY OF RELAXATION

## DAY 2, SUNDAY 29 MARCH 2026

- Before breakfast, you can join a yoga or meditation session.
- The à la carte breakfast is served in the restaurant and always starts with a freshly blended healthy morning shot.

Today is all about relaxation and acclimatization.

Our suggestions for you:

- Visit our library with a wide collection of magazines and books on travel, meditation, Bhutan, and wellness.
- Nice swim in our infinity pool and a rest on the sundeck terrace.
- Herbal walk in our garden under the guidance of one of our Wellness therapists.
- Bhutanese cooking class with one of our Chefs.

Lunch and dinner will be served at the restaurant at your convenience.



# PARO TSHECHU FESTIVAL

## DAY 3, MONDAY 30 MARCH 2026

- Before breakfast, you can join a yoga or meditation session.
- The à la carte breakfast is served in the restaurant.
  
- After breakfast, we invite you to dress in traditional Bhutanese clothing to attend the Paro Festival.
- The festival takes place at the Paro Dzong, about a 30-minute drive from the Sanctuary.
- Our Culinary Team will provide a packed lunch.
  
- Late afternoon, upon return to the Sanctuary, you can enjoy another wellness treatment.
- The 6-course Chef's Special set dinner will be served on the restaurant terrace if the weather permits.



# CHELE LA PASS & HAA VALLEY

## DAY 4, TUESDAY 31 MARCH 2026

- Before breakfast, you can join a yoga or meditation session.
- After breakfast, we leave to make our way by car to Chele La Pass. At around 13,000 feet (3,988 meters) it is the highest motorable pass in Bhutan. It is also the perfect place to hang some prayer flags for your well-being and a long life.
- If you feel fit and adjusted to the high altitudes, you can still hike up another 1,000 feet (305 meters) and experience a 360-degree view of Bhutan's natural beauty, including the Paro and Haa valleys.
- We continue from Chele La Pass to Haa to explore the Haa Valley and have our homemade picnic lunch there.
- After lunch, we will visit Lhakhang Karpo, which was built in the 7<sup>th</sup> century by the Tibetan king Songtsen Goempo.
- On the way back to Paro, you can hike to the Kila Goenpa Nunnery, which will take about 1-2 hours.
- We will be back in the Sanctuary on time for dinner.



# PARO TSHECHU FESTIVAL

## DAY 5, WEDNESDAY 1 APRIL 2026

- Before breakfast, you can join a yoga or meditation session.
- The à la carte breakfast is served in the restaurant.
  
- After breakfast, we invite you to dress in traditional Bhutanese clothing to attend the Paro Festival.
- The festival takes place at the Paro Dzong, about a 30-minute drive from the Sanctuary.
- Our Culinary Team will provide a packed lunch.
  
- Late afternoon, upon return to the Sanctuary, you can enjoy another wellness treatment.
- The 6-course Chef's Special set dinner will be served on the restaurant terrace if the weather permits.



# THIMPHU, THE CAPITAL

## DAY 6, THURSDAY 2 APRIL 2026

- After breakfast, we leave for a visit to Thimphu, the capital of Bhutan, about a one-hour drive from the Sanctuary.
- On the way to Thimphu, we will take a short detour towards Dochu La Pass, located at 3000 meters above sea level, 30 minutes from Simtokha junction. On clear days, this site offers stunning views of the Himalayan mountain ranges.
- Before entering Thimphu, we will visit the Buddha statue at Kunsel Phodrang.
- Lunch will be taken in one of the many local restaurants in Thimphu.
- After lunch, we will visit the Simply Bhutan Museum, where you will have a chance to see and learn all about Bhutanese culture.
- If there is time left, we recommend a visit to Choki Traditional Art School (CTAS). CTAS is the only private institute in Bhutan that provides free education to underprivileged youths who have a keen interest in learning traditional arts and crafts.
- Late afternoon, we will drive back to the Sanctuary, just in time for the 6-course dinner.



# EUTOK GOENPA MONASTERY

## DAY 7, FRIDAY 3 APRIL 2026

- Before breakfast, you can join a yoga or meditation session.
- After breakfast, we will hike to the Eutok Goenpa monastery. You can see this monastery from your room; it is right across the valley (about a 1-hour hike).
- At the Monastery, we will be welcomed by the head monk, and some Buddhist rituals will be performed.
- You will have the opportunity to talk to the monks and the students. Our guides will translate if necessary.
- During the hike back to the Sanctuary, we will pause to enjoy a homemade picnic lunch.
- In the afternoon, you can use the wellness facilities, participate in traditional Bhutanese sports, enjoy another wellness treatment, or discover your creative skills during a pottery class.
- The 6-course Chef's Special set dinner will be served at the restaurant.



# TIGER'S NEST HIKE

## DAY 8, SATURDAY 4 APRIL 2026

- The day will start in the tea bar with an early cup of herbal tea and a healthy fruit shot.
- The ride to the Tiger's Nest base is about 45 minutes.
- The hike up to the Tiger's Nest will take about 2-4 hours, depending on your fitness level. During the hike, there will be several pauses, where we can enjoy our packed breakfast.
- In the Tiger's Nest, a still-operating Monastery, your guide will give you a tour and explain the meaning of all the different rooms and altars.
- We will return to the Sanctuary in the afternoon, and recommend a hot stone herbal bath to prevent muscle pain the next day.
- In the evening, you have the opportunity to enjoy a traditional Bhutanese dinner.
- If there are no clouds, our Restaurant Terrace is the perfect place for some stargazing after dinner.



# FAREWELL

## **DAY 9, SUNDAY 5 APRIL 2026**

Most flights depart from Bhutan early morning.

We will make sure you are at the airport on time.



# PARO TSHECHU FESTIVAL

## package inclusions

### PACKAGE INCLUDES

- 🦉 Special welcome ceremony
- 🦉 Early check-in upon availability
- 🦉 Late check-out upon availability
- 🦉 Consultation with a Traditional Bhutanese Medicine Doctor
- 🦉 Eight wellness treatments per person
- 🦉 Daily yoga classes
- 🦉 Sauna and steam rooms
- 🦉 Use of a fully equipped gym
- 🦉 Daily meditation sessions
- 🦉 Use of indoor heated pool
- 🦉 Bhutanese cooking classes
- 🦉 Archery games
- 🦉 Pottery classes
- 🦉 Bhutanese clothing photoshoot

### PACKAGE INCLUDES

- 🦉 8 nights all-inclusive at Bhutan Spirit Sanctuary
- 🦉 Visa processing assistance
- 🦉 Personalised itinerary planning
- 🦉 5% Goods and Services Tax and 10% Service Charge
- 🦉 Airport transfers to the Sanctuary
- 🦉 Transport and a licensed English-speaking guide for 6 days
- 🦉 Entry fees
- 🦉 À la carte breakfasts
- 🦉 4-course Chef's special set lunches
- 🦉 6-course Chef's special set dinners
- 🦉 Soft drinks, fruit juices, house wine, and local beers during meals
- 🦉 Packed breakfast or lunches for day trips
- 🦉 Home-made picnics
- 🦉 Tea bar with 20 herbal teas

# PARO TSHECHU FESTIVAL

## pricing & details

### PACKAGE PRICE

**Special package price for 8 nights with 2 complimentary nights.**

**28 March to 5 April 2026:**

- 👉 Balcony room, single occupancy: US\$8,577
- 👉 Balcony room, double occupancy: US\$9,267 (for 2 persons)
- 👉 Terrace room, single occupancy: US\$10,074
- 👉 Terrace room, double occupancy: US\$10,764 (for 2 persons)

**Package can be extended with more nights.**

### DETAILS

**The package price does not include:**

- 👉 Any flights
- 👉 Visa or travel permit
- 👉 The mandatory Sustainable Development Fee (SDF)
- 👉 Donations

**For more information, contact us at:  
[sales@bhutanspiritsanctuary.com](mailto:sales@bhutanspiritsanctuary.com)**



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